

Centurion Junior Squash

Tel : (012) 661 9248
Cell: 072 130 9381

E-mail: info@cjsquash.co.za

www.cjsquash.co.za



RULES AND REGULATIONS

Venue: Squash sessions will be held at Uitsig Squash Courts in Panorama rd Rooihuiskraal.

Route map and GPS Coordinates to Uitsig courts available on our webpage - www.cjsquash.co.za

Midstream Primary College Squash Courts and Midstream Ridge Sport centre squash courts.

Playing Kit : Only sport clothes will be allowed. CJS t-shirts and shorts are available to order. Takkies with non-marking gum soles and Protective eyewear is compulsory.

Players are allowed to play bare feet but there is the possibility of sliding and splinters on court; therefore we do not recommend this.

No player will be allowed on court without appropriate clothing and the necessary equipment. New players may borrow racquets from coaches; there is no need to buy for practicing purposes.

General

- Balls will be provided
- Players must please arrive ON TIME for their session as late comers cause unnecessary disruptions. If a player is going to be late, please SMS / Whats App the coach before the start of the session
- Communication with coaches should preferably be via email or SMS / Whats App. Receiving phone calls during the sessions causes unnecessary disruptions and coaches will not answer phone calls
- Foul language, abusive or disruptive behavior will not be tolerated
- Parents are **not** encouraged to stay during the session as it is distractive to players and coaches.
- If a player is absent for three consecutive weeks without a legitimate excuse, e.g. illness or other school sports, he/she will automatically be removed from the squad, will still be liable for the term's coaching fee's and will be replaced by a another on the waiting list.
- No parent, friend, au pair, servant or family member is allowed to wait at court 1 in front of the squash court's doors as this prevents the training groups from entering and exiting the squash courts.
- Players must please bring a bottle of water to the sessions.
- Cell phones must be switched off or on silent during coaching sessions.
- Although we endeavour to keep personal belongings safe, Coaches, CJS and Uitsig Squash Club will not take responsibility for loss of any personal belongings during training sessions at the courts.
- No smoking allowed by any player, parent or coach in or outside the club during coaching sessions
- Coaches do have the right to suspend a player who is disruptive or does not want to participate in the coaching sessions
- All tournament dates will be distributed to the players but it is the player's own responsibility to enter such tournaments.
- We expect at least a term's commitment from each player and if a player should decide to quit before the end of a term no refunds will be made.
- One full paid months notice must be given if a player wants to quit in a calendar year.
- If a power failure should occur, the coaching sessions will still continue