



Centurion Junior Squash Training sessions for 2017



Squash Coaching for Juniors at Midstream Squash Courts/Ridge Courts

DAY	TIME	GROUP/AGE	MAX players
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Tuesday College players	06h15 - 07h15	Gr 4-7 group (College courts)	8
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Thursday MIDSTREAM RIDGE DAY	06h00 - 07h30	Elite group (by invitation) Ridge players - Ridge Courts	15
	13h15 - 14h00	Midstream Ridge Gr 1-2 Ridge Courts	15
	14h00 - 15h00	Midstream Ridge Gr 3-7 Ridge Courts	15
	15h00 - 16h00	Midstream Ridge Gr 3-7 Ridge Courts	15

Friday MIDSTREAM COLLEGE DAY	06h00 - 07h30	Elite group (by invitation) College players College Courts	12
	13h15 - 14h00	Gr 1-2 group MPC College Courts	12
	14h00 - 15h00	Gr 1-3 group MPC College courts	12
	15h00 - 16h00	Gr 3-7 group MPC College courts	12
	16h00 - 17h00	Gr 4-7 group MPC College Courts	12