

**Centurion Junior Squash
Training sessions for 2018**



Squash Coaching for Juniors



Uitsig Squash Courts

DAY	TIME	GROUP/AGE	MAX players
Monday	14h15 to 15h15	Gr 4-7	15
	15h15 to 16h15	High school	15
	16h15 to 17h15	Pre School- Gr 3 (Big Ball)	12
Tuesday	14h15 to 15h15	Gr 4-7	15
	15h15 to 16h15	Gr 4-7	15
	16h15 to 17h15	High School	12
Wednesday	13h15 to 14h15	Pre School- Gr 3 (Big Ball)	12
	14h15 to 15h45	CJS Young Guns Inv Group	15
	15h45 to 17h15	CJS Elite Invitation Group	12
Thursday	14h45 to 15h45	High School Invitation Group	15
	15h45 to 17h15	CJS Top 12 Invitation Group	12

PRE SCHOOL - GR 3 PLAYERS

Players who are used to play matches and tournaments with the small double dot ball are welcome to attend Gr 4-7 class

HIGH SCHOOL PLAYERS

Beginner High school players are welcome to attend classes on Monday or Tuesday

INVITATION GROUPS - WEDNESDAY /THURSDAY AFTERNOON

These groups are for players already on the provincial ladder and who is showing exceptional dedication and talent. Invitation only.